

GHC U13 **SPRING** **SKILLS**

WHEN

April 13 to June 15, 2024

COST

\$895

INCLUDES • 8- On-Ice Skills Sessions • 4- Intersquad Games • 8- Fitness Sessions • 4- Multisport Sessions • Camp Kickoff - Shooting Clinic, Fitness Testing & Team Building • 3x3 Jamboree • Nutrition Session • Sport Psychology Session • Camp Jersey & T-shirt

[CLICK HERE FOR MORE INFORMATION](#)

CAMP COMPONENTS

ON-ICE

Tuesdays - Skills

Thursdays (biweekly) - Games

7:30-8:30pm

South—Rose Kohn

North— Father David Bauer

Wednesdays—Goalies

6:15pm-7:15pm

Father David Bauer

KICK OFF

Sat., April 13, 2024

10:00am-12:30pm

Father David Bauer

MULTISPORT

Fridays (biweekly)

7:30-8:30pm

Optimist

3X3 JAMBOREE

Sat., June 15, 2024

9:15am to 10:45am

Father David Bauer/Norma Bush