

# **GHC U15** **SPRING** **SKILLS**

## **WHEN**

**April 13 to June 15, 2024**

## **COST**

**\$895**

**INCLUDES • 8- On-Ice Skills Sessions • 4- Intersquad Games • 8- Fitness Sessions • 4- Multisport Sessions • Camp Kickoff - Shooting Clinic, Fitness Testing & Team Building • 3x3 Jamboree • Nutrition Session • Sport Psychology Session • Camp Jersey & T-shirt**

**[CLICK HERE](#) FOR MORE INFORMATION**

## **CAMP COMPONENTS**

### **ON-ICE**

**Tuesdays - Skills**

**Thursdays (biweekly) - Games**

**8:45-9:45pm**

**South—Rose Kohn**

**North— Father David Bauer**

**Wednesdays—Goalies**

**6:15pm-7:15pm**

**Father David Bauer**

### **KICK OFF**

**Sat., April 13, 2024**

**11:30am-1:45pm**

**Father David Bauer**

### **MULTISPORT**

**Fridays (biweekly)**

**8:45-9:45pm**

**Optimist/George Blundun**

### **3X3 JAMBOREE**

**Sat., June 15, 2024**

**12:30 to 4:45pm**

**Norma Bush**