

GHC U18 **SPRING** **SKILLS**

WHEN

April 13 to June 15, 2024

COST

\$895

INCLUDES • 8- On-Ice Skills Sessions • 4- Intersquad Games • 8- Fitness Sessions • 4- Multisport Sessions • Camp Kickoff - Shooting Clinic, Fitness Testing & Team Building • 3x3 Jamboree • Nutrition Session • Sport Psychology Session • Camp Jersey & T-shirt

[CLICK HERE FOR MORE INFORMATION](#)

CAMP COMPONENTS

ON-ICE

Tuesdays - Skills

Thursdays (biweekly) - Games

8:45-9:45pm

South—Rose Kohn

North— Father David Bauer

Wednesdays—Goalies

6:15pm-7:15pm

Father David Bauer

KICK OFF

Sat., April 13, 2024

12:30-3:00pm

Father David Bauer

MULTISPORT

Fridays (biweekly)

8:45-9:45pm

Optimist/George Blundun

3X3 JAMBOREE

Sat., June 15, 2024

12:30 to 4:45pm

Father David Bauer